

TALLINN 2009

INDOOR ORIENTEERING COMPETITION

Tallinn Sports hall
Sunday, 15.november 2009, 12:00

PROGRAMME:

- 1.run – 12:00 – Qualification with individual start.
- 2.run – 13:00 – Qualification with individual start.
- 3.run – 13:45 – Finals for the 12 best runners in M21 and W21. Mass-start.

MAP AND COURSES:

Special Indoor-O map (1:500).
Examples of previous maps: <http://osprint.ee/2008/sise/>
Winner time in each run is 4-7 minutes.
Forking will be used in 2nd and 3rd runs.

CLASSES:

M18, W18, M21, W21, M35, W45, M55

PRIZES:

Three best runners in each class will be awarded.

ENTRIES:

Entry deadline 11.november.
Fee – 50EEK in MW18 and 90EEK in other classes.
<https://osport.ee/>

OTHER:

It is forbidden to use spike or dobb shoes.
SPORTident punching system will be used in all classes and runs.

ORGANIZERS:

SK Tallinna Kompass
Course Master: Jürgen Einpaul
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